



Swim academy provides students with the opportunity to participate, enjoy and become confident swimmers. Professional instructor(s) team up with teachers to produce a positive learning environment for students. Students receive course credit as per their grade level. The program is open to swimmers of all abilities.

Okanagan Mission Secondary School

[Swim Academy](#) – Offered to grade 9, 10, 11 & 12 students in semester 1 or 2. Cost \$550.00. This program includes length swimming to improve cardiovascular endurance, stroke technique, life-saving lessons, yoga, spin class, water aerobics, and dry land exercises.

Rutland Senior Secondary

[Lifeguard Academy](#) – Specialty full year program offer to grade 11 & 12 students. Semester 1 in grade 11 (\$325.00) & semester 2 in grade 12 (\$375.00). The certifications attained not only open doors to a rewarding career in lifeguarding, but also provide prerequisite courses for firefighting, policing and nursing.

