



Hockey Academies



Hockey Canada Skills Academy (HCSA) - Each HCSA block will have approximately 50 hours of on-ice instruction. Classroom instruction is related to fitness, nutrition, mental training, yoga (for flexibility and injury prevention), reaction training, as well exposure to other typical school sports. This course caters to player/skill development and offensive creativity. The outcome is to enhance a player's confidence with skills, self-esteem and link athletics and academics while in school.

Canyon Falls Middle School

Hockey Canada Skills Academy (HCSA) – Full year program for grade 7 and 8 students. Cost \$1300.00. Goaltender instruction is also included.

KLO Middle School

Hockey Canada Skills Academy (HCSA) – Full year program for grade 8 & 9 students. Cost \$1300.00. Goaltender instruction is also included.

Okanagan Mission Secondary

Hockey Canada Skills Academy (HCSA) - First and/or second semester for grade 9 to 12 students. Cost \$1300.00. You are able to choose a 1 semester (4 credits) or a 2 semester (8 credits) option.

Mount Boucherie Senior Secondary

Hockey Canada Skills Academy (HCSA) - Available in the second semester only for grade 9 to 12 students. Cost \$965.00. 4 credits.

Rutland Senior Secondary

Hockey Canada Skills Academy (HCSA) - First semester options for grade 9 to 12 students. Cost \$1170.00. Second semester may be possible if we have enough student applications.

Application for all Hockey Canada Skills Academy (HCSA) available at <http://www.cohockeyskills.ca/>

School Based Academies (not HCSA)

George Elliot Senior Secondary

Available in the first semester only for grade 11 and 12 students. Cost \$600.00. 4 credits. Specific goaltender instruction is also available. Cost \$300.00. No application. Choose as #1 on GESS course selection form.

Glenrosa Middle School

Full year program for grade 6, 7, 8 & 9 students. Cost \$1600.00. Goaltender instruction is also included. Application available at the following [link](#)