



Winter Wonderland at Big White



Student Monthly Activity Reminder:

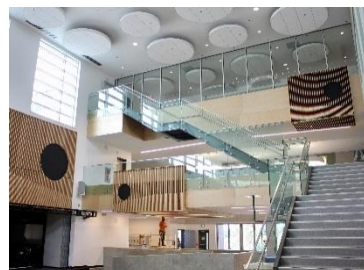
Indoor Skating & Soccer Tournament on January 15th

All International Students are invited to enjoy some indoor skating &/or participate in a soccer tournament at the Capital News Center! This is a free activity on Wednesday, January 15th from 10:00am -12:30pm (exact departure times & bussing info to follow after Winter Break.)

To Sign-Up: Please register using your iCent APP (under Activities Registration – Indoor Ice Skating & Soccer Tournament) and select "YES" or "NO" to confirm. Deadline to register: Friday, January 10, 2020

A Look Inside Canyon Falls Middle School

Canyon Falls Middle School is the newest school in the Central Okanagan. Next September, all students in grades 6 – 8 in the Mission area of Kelowna, will attend Canyon Falls Middle School (www.cms.sd23.bc.ca). High school students in grades 9-12 will continue to attend Okanagan Mission Secondary.



International Education Newsletter

2020
HAPPY NEW YEAR

Upcoming Dates Events

January 10th
Sign Up Deadline for Indoor Skating & Soccer Tournament

January 15th
Indoor Skating & Soccer Tournament at CNC

January 24th
Last Day of Semester 1

January 27th
First Day of Semester 2

January 27th
Program Orientation for New Students

January 27th – 31st
English Assessment for New Students

February 3rd
Program Orientation and English Assessment for Late Arrivals

February 1st- 28th
Course Selection for September 2020-2021 for New and Returning Students

January 2020



January Community Events in the Central Okanagan

Kelowna

Free Outdoor Skating – Stuart Park Location: 1315 Water St
Open daily – 6:00am-11:00pm Admission: Free
Enjoy some family fun downtown this Winter! Skate, helmet and EZ bar rentals available for a fee.

Family Art Sundays – Kelowna Art Gallery Location: 1315 Water St.
Recurring weekly on Sundays 12:00pm-4:00pm
Admission: \$5/participant Tel: 250-762-2226
Enjoy some exciting art making experiences with your family through hands-on activities every Sunday in January!

Free Youth Night & Swim – Parkinson Recreation Center
Saturday, January 25th – 7:00-10:00pm
Admission: Free (event is specifically for students in grades 6-9)
Location: 1800 Parkinson Way Tel: 250-469-8800
Students will experience fun activities, play basketball and volleyball, try the giant inflatable obstacle course, photo booth, music & prizes! Pool activities between 8:30-10:00pm and doors close at 8:30pm.

Kelowna Rockets – Prospera Place Location: 1223 Water Street
Home games January 3, 4, 8, 11, 24, 26 & 31
Admission: \$17-\$25/ticket Tel: 250-860-7825
Cheer on the Rockets at home in January! Hat Trick Wednesdays just \$19.99 to experience the game, hot dog and a pop – must purchase by 2pm game day!

West Kelowna

West Kelowna Warriors Hockey - Royal LePage Place
Location: 2760 Cameron Road Admission: \$10-\$16/ticket
Home games - January 3, 11, 12, 17, 18, 21 & 24 Tel: 250-769-7051
Cheer on the Warriors at home in January!

Toonie Swim – Johnson Bentley Memorial Aquatic Center
Location: 3737 Old Okanagan Hwy Admission: \$2
Every Friday – 3:00-5:00pm Tel: (778) 797-7665
Everyone welcome for some family fun at the pool!



December Festive Fun



International Education Newsletter

Central Okanagan Public Schools - International Education Program
InternationalEducation.ca
Email internationaleducation@sd23.bc.ca
1.250.470.3258

January 2020



Jimena Rituerto (Grad 2021) featured in Humans of Boucherie

[HTTPS://WWW.INSTAGRAM.COM/P/B5B_2QXJ04U/](https://www.instagram.com/p/B5B_2QXJ04U/)



"Going to Canada? Are you crazy? These were the kind of things my friends and family told me in Spain just a few months ago when they found out that I was going to come to Canada for a long time. One year ago, my parents suggested the idea for me to go study a year abroad. At the beginning, I refused and I didn't want to come, but now I just look back at that day and realize how stupid I was. Nothing has been as I expected, everything is much better. Speaking on behalf of all the international students, on the first days, we were all quite afraid about what to do at school and I seemed to get completely lost for majority of the first week. I came here alone, I didn't know anybody so my experience during the first week wasn't the best. At the beginning, the language was a problem for me, but not anymore. Now, I can understand almost all my classes, and I can talk with my schoolmates and they are really nice!! This high school is really big and changing classrooms every single moment was one of the things I worried about. Asking a lot of people if they could lead me to my class was one of the hardest things for me, but all of them were very kind and welcoming and I'm very thankful for that. As well, I decided to join the field hockey team. It was my first time playing field hockey, but I immediately loved it! I met a lot of Canadian girls who are amazing. I'm so grateful for all them welcoming me into their lives. I took the plane here to Kelowna on August 29th, and from that exact moment, I started meeting a lot of people. I would have never imagined I would know people from all over the world! It is such an amazing feeling! I also know that these are not momentary friendships. We will continue to see each other throughout our lives, even when I return back home, I will make sure to stay in touch! I'll be here for 8 more months so I would love for my experience to continue this way or get even better, which I am not sure is possible!!"

-Jimena Rituerto (grad: 2021)



Click on the link below to learn more about this award winning student project.

[Hum.](#)  [rie](#)



Get Active, Feel Good and Thrive

Mind Fit, Ages 13-19

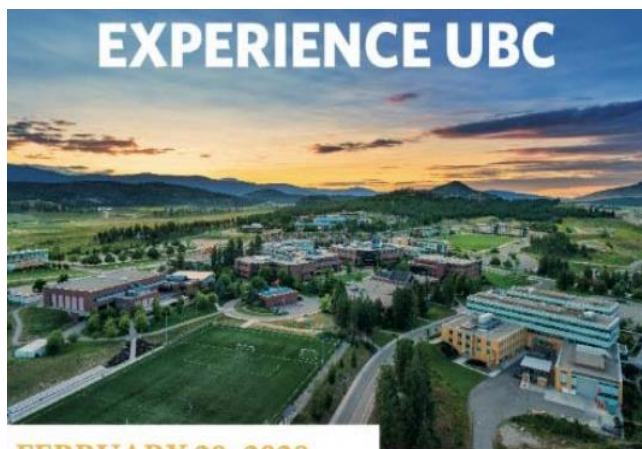
Learn how to cope with low mood, depression and/or anxiety. Mind Fit can help improve mind and body wellness. Plus, it's fun!

Next Information Session: Thursday January 9 & 16 4-6pm

Program Location: Kelowna Family Y 375 Hartman Rd

Contact us to register today, mindfit@ymcaokanagan.ca

The program is run by caring, trained staff, in a safe supportive environment. **There is no cost to participate.**



EXPERIENCE UBC

FEBRUARY 20, 2020
UBC'S OKANAGAN CAMPUS

At Experience UBC, you'll choose two university programs to explore for the day. Connect with current students, learn from professors, explore campus, and get a feel for life and learning at UBC.

PROGRAM CHOICES

- Engineering
- Science
- Management
- Nursing
- Human Kinetics
- Arts (Psychology, Social Science, Humanities)
- Creative & Critical Studies (Creative Writing, Languages, Visual Arts)

TO REGISTER, VISIT YOUR COUNSELLOR OR CAREER CENTER.

Questions? Email susana.baez@ubc.ca



THE UNIVERSITY OF BRITISH COLUMBIA

Central Okanagan Public Schools - International Education Program
InternationalEducation.ca
Email internationaleducation@sd23.bc.ca
1.250.470.3258