

## Golden Rules for your Homestay

- 1. Your host family must know where you are at all times and approve of what you are doing.
- 2. Ask , don't tell, your host family of your plans ahead of time. Don't surprise your host family with a last minute change of plans.
  - After school activities
  - Plans with friends
  - Meals away from home
- 3. Balance socializing with friends with spending time with your host family.
- 4. Keep your Canadian cell phone working and always have it with you.
- 5. Your host family is not a taxi service! Your host family should be available to drive you to occasional social events and activities (ask in advance). Learn how to be independent biking, bus, etc.
- 6. Follow the rules of the household
  - Quiet hours
  - o Curfew
  - Chores / keep bedroom and bathroom clean
  - o Food
  - Healthy electronic use
- 7. It is not an "open" kitchen. Host family is responsible to provide 3 meals and sensible snacks. Buy extra food if necessary.
- 8. Limit technology when your family is present.
- 9. Be polite with your words and body language.
- 10. Discuss concerns early and respectfully. Involve your homestay coordinator if necessary.